

# Providing Meals That Heal

Thank you for your interest in providing a meal at the House! Most of our families' days are spent at the hospital where they may not have a variety of options for dining. A hot, home-cooked meal waiting for them at the end of a stressful day means so much.

This flyer will provide a few details you will need to know before you arrive.

## Volunteer Policies

- All volunteers must be at least 18 years of age.
- Groups sizes may be limited. Please confirm number of volunteers when booking your Meal date.
- If a member of your group is not feeling well, please have them stay home.  
Our pediatric patients have weakened immune systems.
- Masks are required at all times.
- Wellness Surveys will be completed upon arrival.



## Day of Your Service

- You are welcome to come in as early as 3:00 p.m. with dinner to be served between 5:30-6:00 PM.
- Street parking available on 38th Avenue in front of Ronald McDonald House.
- RMHC has designated parking spots in lot west of the House off Jones St. Parking permits are required, please inquire upon arrival for permit use.

## Planning what to make

Not sure what to make? Consider what your family enjoys, ask our team for ideas, or even check out all of the great ideas in a Google search or on Pinterest.

## Food Preparation

- All food must be prepared in our kitchen or catered in from a professional kitchen.
- Pre-packaged foods such as fruit or veggie trays may be brought directly from the grocery store.
- We ask that your group provides all food for the meal.
- Beverages will be provided by the House.

## Our Kitchen Appliances

Our commercial-grade kitchen is fully stocked with utensils and includes:

- 1 outdoor gas grill
- 4 range tops
- 3 double ovens
- 5 microwaves
- 4 dishwashers

## Clean-up

- Please clean up all cookware and utensils used to prepare the meal. Families will clean up after themselves.
- All dishes should be placed in dishwashers.
- The dumpster for garbage is located in the driveway.

Thank you for supporting RMHC families and providing Meals That Heal. If you have questions, please reach out to Emily Mozer at [emozer@rmhcomaha.org](mailto:emozer@rmhcomaha.org) or 402-346-9377.

